



## **NOTICE AND RELEASE**

Tumbling, gymnastics, parkour, and the participation in any other physical activity carried out on the premises of; or conducted at Sports Academy and Racquet Club (SARC) are activities with inherent risks of personal injury. The undersigned parent, guardian, or student understands these risks, and will or has discussed any concerns with the management of SARC. All questions relating the risk of injury have been answered and the undersigned and all participating persons are fully aware of the risks associated with participating in these activities and agree to assume the risks of personal injury whether as a participant or spectator.

In consideration of the student's participation in SARC'S programs, the undersigned herby releases SARC, its officers, agents, agents, employees, instructors, and management from all claims, demands, and causes of action of any type or nature including claims for pain, suffering, emotional distress, disability, or medical arising out of SARC's registered and enrolled students participating in SARC'S programs. Furthermore, the undersigned agrees to indemnify and hold harmless SARC, its officers, agents, employees, instructors, and management staff from all claims, demands, and causes of action of any type or nature arising from any injury or suffered by any family member, guest, or invitee of the undersigned.

The undersigned acknowledge that SARC has made no commitment to pay participant(s), guardian(s), parent(s), or guest(s) medical expenses for any injury sustained as a participant or spectator while using or on the SARC equipment and/or premises.

Name	Date of Birth	Age
Name	Date of Birth	Age
Name	Date of Birth	Age
Name	Date of Birth	Age
Name	Date of Birth	Age
Name	Date of Birth	Age

Participant(s) - <u>Dates Covered (Not to exceed the Calendar Year)</u>

Parent/Guardian Signature - I have read and understand the above release. Date